TOHS Breakfast and Lunch Menu

MARCH 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	·	,	,	3-1-24
				Pancake
				Sausage
				Chicken strips or
				Fish sticks
				Fries
				fruit
3-4-24	3-5-24	3-6-24	3-724	3-8-24
Oatmeal	Peanut butter jelly	Cheese breadstick	Cereal	Scrambled eggs
Blueberries	sandwiches	Grapes and cantaloup	Muffins	Hash brown
Raisin toast	Apple slices	Meatloaf	bananas	Toast
Sloppy joe	Pork chops	Mashed potato	Grilled ham and cheese	String cheese
Tater tots	salad	corn	Tomato soup	Grapefruit halve
Cucumber sliced	rice	peaches	Carrot sticks	Pizza
Mixed fresh fruit	Mandarin oranges		pineapple	salad
WINCU ITESII ITUIL				cookie
3-11-24	3-12-24	3-13-24	3-14-24	3-15-24
	S P	RING BR	EAK	
3-18-24	3-19-24	3-20-24	3-21-24	3-22-24
Waffles	English muffin with	Oatmeal	Croissant and Eggs	Cereal
Strawberries			1	
2019MDG111G2	sausage and cheese	Raisian toast	juice	Banana
blueberries	Orange wedges	Banana	Spaghetti	muffin
blueberries Sausage Pattie	Orange wedges Egg rolls	Banana Pulled pork sandwiches	Spaghetti Green salad	muffin Cheese enchiladas
blueberries Sausage Pattie 2 tacos	Orange wedges Egg rolls Rice	Banana Pulled pork sandwiches with bbq	Spaghetti Green salad Garlic toast	muffin Cheese enchiladas Tomato lettuce
blueberries Sausage Pattie 2 tacos Pinto beans	Orange wedges Egg rolls Rice Broccoli	Banana Pulled pork sandwiches with bbq Fries	Spaghetti Green salad	muffin Cheese enchiladas Tomato lettuce Beans
blueberries Sausage Pattie 2 tacos Pinto beans Cantaloup and	Orange wedges Egg rolls Rice	Banana Pulled pork sandwiches with bbq Fries Carrot sticks	Spaghetti Green salad Garlic toast	muffin Cheese enchiladas Tomato lettuce
blueberries Sausage Pattie 2 tacos Pinto beans	Orange wedges Egg rolls Rice Broccoli	Banana Pulled pork sandwiches with bbq Fries	Spaghetti Green salad Garlic toast	muffin Cheese enchiladas Tomato lettuce Beans
blueberries Sausage Pattie 2 tacos Pinto beans Cantaloup and	Orange wedges Egg rolls Rice Broccoli	Banana Pulled pork sandwiches with bbq Fries Carrot sticks	Spaghetti Green salad Garlic toast	muffin Cheese enchiladas Tomato lettuce Beans
blueberries Sausage Pattie 2 tacos Pinto beans Cantaloup and watermelon	Orange wedges Egg rolls Rice Broccoli Mandarin oranges	Banana Pulled pork sandwiches with bbq Fries Carrot sticks grapes	Spaghetti Green salad Garlic toast Ice cream	muffin Cheese enchiladas Tomato lettuce Beans Mixed fruit
blueberries Sausage Pattie 2 tacos Pinto beans Cantaloup and watermelon 3-25-24	Orange wedges Egg rolls Rice Broccoli Mandarin oranges	Banana Pulled pork sandwiches with bbq Fries Carrot sticks grapes	Spaghetti Green salad Garlic toast Ice cream	muffin Cheese enchiladas Tomato lettuce Beans Mixed fruit
blueberries Sausage Pattie 2 tacos Pinto beans Cantaloup and watermelon 3-25-24 Donut or	Orange wedges Egg rolls Rice Broccoli Mandarin oranges 3-26-24 Pancake on a stick cantaloup and grapes BBQ Baked chicken	Banana Pulled pork sandwiches with bbq Fries Carrot sticks grapes 3-27-24 Biscuits and gravy	Spaghetti Green salad Garlic toast Ice cream 3-28-24 Corn beef hash	muffin Cheese enchiladas Tomato lettuce Beans Mixed fruit 3-29-24 Cereal
blueberries Sausage Pattie 2 tacos Pinto beans Cantaloup and watermelon 3-25-24 Donut or Muffin	Orange wedges Egg rolls Rice Broccoli Mandarin oranges 3-26-24 Pancake on a stick cantaloup and grapes	Banana Pulled pork sandwiches with bbq Fries Carrot sticks grapes 3-27-24 Biscuits and gravy apples	Spaghetti Green salad Garlic toast Ice cream 3-28-24 Corn beef hash toast	muffin Cheese enchiladas Tomato lettuce Beans Mixed fruit 3-29-24 Cereal Banana
blueberries Sausage Pattie 2 tacos Pinto beans Cantaloup and watermelon 3-25-24 Donut or Muffin Blueberries and strawberries	Orange wedges Egg rolls Rice Broccoli Mandarin oranges 3-26-24 Pancake on a stick cantaloup and grapes BBQ Baked chicken	Banana Pulled pork sandwiches with bbq Fries Carrot sticks grapes 3-27-24 Biscuits and gravy apples Super Nachos	Spaghetti Green salad Garlic toast Ice cream 3-28-24 Corn beef hash toast juice	muffin Cheese enchiladas Tomato lettuce Beans Mixed fruit 3-29-24 Cereal Banana Muffin
blueberries Sausage Pattie 2 tacos Pinto beans Cantaloup and watermelon 3-25-24 Donut or Muffin Blueberries and strawberries Macaroni and cheese	Orange wedges Egg rolls Rice Broccoli Mandarin oranges 3-26-24 Pancake on a stick cantaloup and grapes BBQ Baked chicken Mashed potatoes	Banana Pulled pork sandwiches with bbq Fries Carrot sticks grapes 3-27-24 Biscuits and gravy apples Super Nachos Tomato lettuce Garnish	Spaghetti Green salad Garlic toast Ice cream 3-28-24 Corn beef hash toast juice Burritos	muffin Cheese enchiladas Tomato lettuce Beans Mixed fruit 3-29-24 Cereal Banana Muffin Chicken strips
blueberries Sausage Pattie 2 tacos Pinto beans Cantaloup and watermelon 3-25-24 Donut or Muffin Blueberries and strawberries	Orange wedges Egg rolls Rice Broccoli Mandarin oranges 3-26-24 Pancake on a stick cantaloup and grapes BBQ Baked chicken Mashed potatoes Corn	Banana Pulled pork sandwiches with bbq Fries Carrot sticks grapes 3-27-24 Biscuits and gravy apples Super Nachos Tomato lettuce Garnish	Spaghetti Green salad Garlic toast Ice cream 3-28-24 Corn beef hash toast juice Burritos Spanish rice	muffin Cheese enchiladas Tomato lettuce Beans Mixed fruit 3-29-24 Cereal Banana Muffin Chicken strips Or fish sticks
blueberries Sausage Pattie 2 tacos Pinto beans Cantaloup and watermelon 3-25-24 Donut or Muffin Blueberries and strawberries Macaroni and cheese with hamburger	Orange wedges Egg rolls Rice Broccoli Mandarin oranges 3-26-24 Pancake on a stick cantaloup and grapes BBQ Baked chicken Mashed potatoes Corn Whole wheat roll	Banana Pulled pork sandwiches with bbq Fries Carrot sticks grapes 3-27-24 Biscuits and gravy apples Super Nachos Tomato lettuce Garnish	Spaghetti Green salad Garlic toast Ice cream 3-28-24 Corn beef hash toast juice Burritos Spanish rice Salsa	muffin Cheese enchiladas Tomato lettuce Beans Mixed fruit 3-29-24 Cereal Banana Muffin Chicken strips Or fish sticks Fries

- ALL MEALS SERVED WITH 1% UNFLAVORED MILK OR FAT FREE CHOCOLATE MILK
- MENU SUBJECT TO CHANGE